Rapid Mood Screener

Name **Date**

1. Have there been at least 6 different periods of time (at least 2 weeks) when you felt deeply depressed? Yes No

2. Did you have problems with depression before the age of 18? Yes No

3. Have you ever had to stop or change your antidepressant medicine because it made you highly irritable or hyper? Yes No

4. Have you ever had a period of at least 1 week during which you were more talkative than normal with thoughts racing in your head? Yes No

5. Have you ever had a period of at least 1 week during which you felt any of the following: unusually happy; unusually outgoing; or unusually energetic? Yes No

6. Have you ever had a period of at least 1 week during which you needed much less sleep than usual? Yes No

Dr. Baumgardner @ ATW